

WELCOME EXTENDED TO DOCTORS BY EZRA RICH

Banquet at The Hermitage Is Attended by Sixty Members of Utah Medical Association and Their Invited Guests.

Sixty members of the Utah Medical Association and their invited male guests sat down to a sumptuous banquet in the dining rooms of the Hermitage hotel in Ogden canyon last night. Physicians and surgeons from all parts of the state were represented around the festive board, where wit and repartee vied in brilliancy with the sparkling of glass.

Last night's banquet was the first of the social gatherings arranged by the local members of the state medical association for the visiting delegates who gathered here yesterday morning for the fifteenth annual convention.

After those assembled in the brilliantly decorated dining rooms had partaken of the feast prepared by the caterer at the hotel, Dr. A. S. Condon, the toastmaster of the evening, opened the after-dinner speaking with the recitation of an original poem which was given liberal applause.

President Speaks.

Dr. Ezra C. Rich, president of the association, was then introduced and said, in part:

"It is my pleasant duty to address you for a few moments before retiring from the office with which you so much honored me at our last state meeting.

"Six years ago you met with us in Ogden and at that time the medical profession here had not been 'seeing eye to eye' as becomes earnest investigators engaged in a common cause; in fact, it was disturbed by jealousies that should have no abiding place in any organization that seeks to improve the condition of our fellows, to repress suffering and to discover new paths and fields that lead to health, happiness and added years to human existence.

"At that time we had two societies, but we followed your advice and, at your suggestion, both were dissolved and on a solid foundation we built a finer and more substantial structure, the Ogden Medical society, which I am glad to say entirely proved the rectitude of your wise and practical suggestion. At present the Ogden Medical society has a membership of all the active physicians of Weber county, its meetings are well attended and in none has there ever been a breath

of discord, but rather a feeling of harmony and good fellowship is everywhere manifest.

Tribute to Dead Members.

"In this connection it is my sorrowful duty to announce that during the last year we have been called upon to part with two of our most honored and worthy members—Dr. Perkins and Dr. Roche—both of whom had reached high elevations in their profession, had held the confidence of the people among whom they lived and by whom they were respected and loved, and both of whom were highly esteemed by their professional colleagues. I pause a moment on this occasion to pay them the passing tribute of a fellow worker, for well I knew them and often have I learned on their wise advice and mature judgment.

Diseases Preventable.

"An enlightened public is absolutely necessary in the high aim to restrict preventable diseases, and that same public should know that a majority of the cripples that walk the streets, and many others with defective special senses and a large proportion of deaths, are from effects and results of diseases that are absolutely preventable.

"During the last year an anti-tubercular society has been established in our state. This is a movement that is heartily supported by the medical profession and is worthy of encouragement from all directions."

In Humorous Manner.

Following Dr. Rich's address the following subjects were discussed in a humorous manner by the other speakers: "Why Is a Specialist?", Dr. George F. Schramm, "Ethics and Critics," Dr. George E. Robinson, "The Edinburg Spirit," Dr. Ralph Richards, "For Instance," Dr. R. S. Joyce, "Lest We Forget," Dr. Joseph Merrill, "Bugs," Dr. H. A. Adamson, "The Occasion," Dr. S. Ewing, "The Early Reminiscences of a Doctor," Dr. J. X. Allen.

The address of Dr. Allen, who is seventy-seven years of age and one of the oldest practitioners in the state, recalled the earlier methods of medical practice in an interesting manner. The other after-dinner talks were greeted with much applause.

Don't Believe in Antitoxine.

"There are some physicians, I am

ashamed to say, and a great many people in Utah, who do not believe in antitoxine for the treatment of diphtheria and other allied diseases. It hardly seems possible that a discovery that has done so much for humanity should be so little understood, and so little appreciated; a discovery that has broken the power of the most venomous and sorrowful disease that ever afflicted the brightest blossom; it invaded the home when it was filled with sunshine and gladness, and left along its awful trail sorrow and offensive death.

Smallpox Ravages.

Smallpox and vaccination have run the same course that was measured out to diphtheria and antitoxine. Smallpox ravaged the world for a thousand years, till the gifted brain of Jenner devised the edict—Thus far shalt thou go and no farther. And the uplifted hand of the Moloch of that merciless and disgusting disease that in one year nearly depopulated London, and in Mexico, during the same length of time, carried off more than three millions of people, was stayed. The discovery of vaccination by Jenner has abated the strength of this pestilence, and to escape it entirely, people have only to employ the means in their power. But in Utah a great many people are prejudiced against vaccination; they are ignorant of its prophylactic power, and would rather suffer the disgusting disease than to be vaccinated.

Ethics Necessary.

"Another thought occurs to me at this point, and I feel it a duty to dwell a moment there. No physician should consider himself a suitable candidate for any medical association unless he is thoroughly grounded in the principle and practice of ethics, as understood and maintained by the medical profession. To be ethical is only to be a gentleman, and an unfailing definition of a gentleman is laid down in the Golden Rule, and exemplified by the Master who went about doing good. Do unto others as you would have them do unto you. It is from those who know us best, and what to expect of us, that we get our support, and by their confidence in us are we raised to conditions of usefulness and honor. The main question before us, gentlemen, is how best to carry on the great work set before us, to be worthy of the people's confidence, and to fill the full measure of our opportunities. When we entered upon the career that now engages us, we dedicated our lives and all our future to the amelioration of pain and the good of others, though our own personal interests suffered.

Newspapers Help.

"Editors, I am sure, would give this movement their hearty support, for, in a general way, they are already awake to the need of the times in respect to the moral and physical uplift of the people. The newspaper is a threefold factor in our civilization, namely, it is the dynamic power that drives inquiry and progress onward; it is the balance wheel that levels and holds symmetrical and stable public opinion, and it is the great educator of the common people, but if the light it sheds is ever false, those who support it will be responsible. The stream does not rise higher than the fountain is a trite but true saying. As before suggested, our duties are exacting and burdensome, but our opportunities are correspondingly great and far reaching. The communities where we live and practice our profession expect more from us than from

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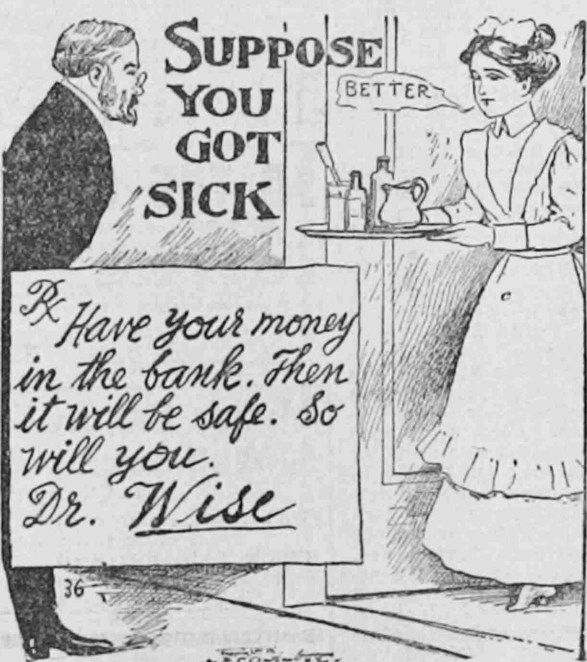
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WANT ADS BRING BIG RESULTS

ADDRESS ON MEDICINE; DISEASES CONQUERED

Smallpox, Yellow Fever, Malaria, Diphtheria and Other Afflictions Which Are No Longer Feared.

(By Dr. E. V. Silver of Salt Lake.)

Preventive Medicine.

It is not my intention to attempt a review of the whole field of medicine nor even a year's experience, but, instead, to devote the brief time given me to the consideration of a medical topic, which today is engrossing more of the time and energy of scientific medical endeavor than any other. I invite you, therefore, to consider with me this evening the subject, Preventive Medicine.

Prevention of disease is the uppermost idea in the minds of physicians today. The medicine of the future will be largely prevention. The preservation of human life, by the prevention of disease, and the recognition of its earliest symptoms, is the highest aim of modern medicine. Descartes once said, "If it is possible to perfect the human race, it is in medicine that we must find the means." Not the medicine of yesterday, based on doubt, ignorance and error, but the medicine of today, coming to us through the researches of physiological and pathological laboratories, aided by inorganic chemistry, microscope and personal sacrifice, of patient investigators. The future victories of medical science, must be the victories of preventive medicine.

Human life has been strikingly compared to the burning of a candle. The flame, as it first catches, flutters feebly, so that the least breath will quench it; when almost to the socket, it flickers and easily goes out. Thus the body, which in middle life may bear the severest shocks of disease, in infancy and old age, succumbs to but slightly unfavorable conditions. The extinction of life at the end of its natural cycle, when the course has been finished, and the mapped out work has been done, can scarcely be regretted. "It is allotted to man once to die," is the sacred statement, but the lives cut off before they are scarce begun, are an absolute loss to the community. Finklenburg of Bonn, has estimated that the average length of life, during the 15th century, was only 18 to 20 years; in the 17th century, only about 25 to 30 years; in the 18th century, it had risen to 38 years; and during the last century, to 46 to 48 years.

Millions of Lives Were Lost. Millions upon millions of human lives were annually lost, through plagues, pestilences and diseases, which today are easily controlled and prevented. The cure of disease was variously attempted in the remotest ages of which we have any record, but the prevention is a strictly a modern phenomenon. So perfect has this vic-

any other league, federation, or confederation, and if we acquit ourselves with good repute, and win their approbation, they, as willingly, reward us by their confidence and other compensation. Every physician, whether located in city, village, or the country cross-roads, holds in his hand the key to the door of opportunity, and away from that threshold there leads a path into untold fields of potential possibilities. But he must be awake to these possibilities, and worthy of them."

To Visit Springs.

The closing feature of the annual convention of the State Medical Society will be a visit to the Utah Hot Springs, north of the city. Following the session of this afternoon, the entire membership will go to the Springs in a special car over the Ogden Rapid Transit line and will be guests of the Utah Sanitarium company.

caused the highest death rate ever known. A brief study of these, will show how great a debt humanity owes today to prevention and preventive medicine.

Smallpox.

Less than a century ago, smallpox, the most loathsome and fatal of all known diseases, claimed its victims equally among the rich and poor, the high and low; cities were more than decimated by its ravages. Today it is entirely controlled by vaccination. Epidemics are stamped out almost as quickly as they begin. In some countries, like Germany, where compulsory vaccination is the rule, in some years, not a single case has been reported. Where ignorance and vice prevail, outbreaks of smallpox are still reported, even in the United States, but they are quickly controlled.

Malaria.

Another great scourge of mankind, and one more widespread, even than smallpox, is malaria. In one special year in India, 5,000,000 of the population were swept away. The discovery by Laveran, in 1880, of the plasmodium malariae, important as it was, had little effect, save to afford indications for treatment, but only in 1897 did the researches of Captain Ross, solve the mystery of the spread of this disease, and demonstrate how it could be controlled. The parasite is acquired by the female mosquito, of the genus anopheles, from infected patients, and carried by this mosquito, in whose bodies they develop, to healthy persons. Numerous experiments by Theobald, Powers and Giles, proved the great importance of this discovery. Malaria CAN BE PREVENTED. It has been banished from large sections by waging a war of extermination against the mosquito. In the Panama works, in 1882, 1,900 men were employed, and the mortality was 112 per 1,000. In 1905, under American control, 25,000 men were employed, with a mortality of less than 1 per 1,000, but there were 4,000 men engaged in exterminating the mosquito. Marshes and swamps were drained and treated with petroleum, bushes cut down, and enclosed places screened and fumigated.

Yellow Fever.

Another disease, the scourge of the South, is yellow fever. The first positive proof, that the mosquito of the genus Stegomyia fasciata, was the carrier of the infecting agent, was given when Carroll, in 1900, offered himself for a test experiment. The careful investigations by Reed showed, without the shadow of a doubt, that yellow fever could be absolutely prevented by exterminating this mosquito. In Cuba, in 1901, measures were directed to the extermination of all mosquitoes, and in 8 months, the last case of yellow fever occurred there. Never before had preventive medicine won so decisive a victory. With such knowledge as a basis, Col. Gorgas has succeeded in stamping out both yellow fever and malaria, from the Panama Canal zone, and by so doing, has furnished the first reliable assurance, that the canal will be completed. It was not the lack of funds, that compelled De Lesseps to give up the task, but the fearful mortality among his men, from these two diseases.

Cholera.

Asiatic cholera is a water-born disease. The Ganges river, and the yearly pilgrimages to that spot, probably may be blamed for the frequent spread of this disease along the Ganges. In 1817, Koch discovered its causative agent, the comma bacillus. It has long been thought, that occasional epidemics could be traced to flies. Biggs of New York attributed a mild epidemic in 1892 in that city, to this agency. Rigid quarantine, destruction of all flies, and proper attention to the water supplies makes it possible to prevent, as well as control, this disease.

Bubonic Plague.

One of the most dreaded diseases is Bubonic Plague, due to the bacillus pestis, discovered by Kitasato in 1894. Recent investigations in the Philippines, justify the belief, that plague bacilli can be, and are conveyed from rats to rats and rats to men, by the fleas pulex pallidus, which infest these animals. Our trade in the Orient and the Philippines made it obligatory that we study this disease and learn how to cope with it. Since 1907 our national government has united with

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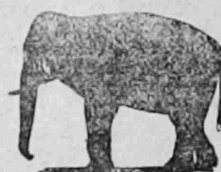
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the state government of California in fighting this scourge, which seemed about to obtain a foothold on the Pacific coast. Stringent quarantine regulations, isolation of all cases, destruction of thousands of rats, and the prophylactic injections of Hoffman's serum, successfully stamped it out. I pass from these diseases, which most of us know only by name, and will call your attention to a group of diseases which we are called upon often to treat.

Tuberculosis.

It is a matter of familiar knowledge to us all that among the people of the temperate zone, tuberculosis, the great white plague, stands easily first among the enemies of mankind, causing, roughly speaking, one-eighth of the deaths from all causes, and yet it is a PREVENTABLE disease. The Russian surgeon general made the statement at the Tuberculosis International congress, at Washington, D. C., last fall, that post mortem examinations revealed naked eye evidences of active or arrested tubercular affections, in the majority of all autopsies of adults over 20 years of age. A witty Viennese has said, "Everyone has his bit of tuberculosis." While

studying in Vienna, I was time and again struck by the truth of this remark. Koch, in 1882, discovered the tuberculous bacillus, the causative agent. The bacilli in the sputa, are the direct cause of spreading the disease. To control it, by prevention, all sputa must be destroyed and expectoration upon the street prohibited by law. The environment of the patient must be looked into, and better housing of the poor provided. In case of death, the room must be fumigated. Tuberculosis is a contagious disease, and in many cities, is reportable to the board of health. Lord, of Boston, has lately demonstrated that house flies, musca domestica, fed upon tubercular sputa, deposited tubercle bacilli in their specs, often to the number of 5,000, and that these

(Continued on Page Eight.)

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